

ROOM-BY-ROOM

House Cleaning Checklist



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Room-by-room House Cleaning

CHECKLIST

- Disinfectant
- Stain Remover Bars
- Laundry Whitener
- Stainless Steel Cleaner
- Extend Duster
- Dry Cleaning Powder
- Hanging Moisture Absorber
- All Purpose Cleaner (for counters and outside of toilet)
- Floor Cleaner
- Braava® Robot Mop
- Roomba® Robot Vacuum Cleaner
- Microfiber Cloth
- Bucket
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SUPPLIES

- Scrubbing Sponges
- Oven Cleaner
- Glass Cleaner (for windows and mirrors)
- Pet Hair Remover Brush or Lint Roller
- Toilet bowl cleaner
- New scent plug in
- Baby oil to get your faucets to shine and repel water stains
- Shower and tub cleaner (or a spray bottle of your favorite natural bathroom cleaner)
- Cleaning gloves
- Washcloths (Use 3 different colored microfiber cloths for toilet, mirror and counters, each color representing a different surface so you're not cross contaminating as you clean)
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Room-by-room House Cleaning CHECKLIST

WHOLE HOUSE

DAILY

- Load and empty the dishwasher
- Rinse out your sink
- Wipe down your kitchen counters
- Tidy up any loose items
- Make your bed
- Sweep your kitchen floor
- Load and fold the laundry
- Clean cat litter
- Set your Roomba® robot vacuum to vacuum your floors throughout the day or at certain times of the day
- Set your Braava® robot mop to mop floors once your Roomba® robot vacuum is done

WEEKLY

- Dust all of the surfaces in your home
- Wipe down all windows around your home
- Sanitize light switches, door knobs, cabinet handles and all other surfaces that are touched frequently
- Vacuum all of the rugs or carpets in your home (or schedule your Roomba® robot vacuum to automatically do this for you)
- Mop all hard surfaces (or schedule your Braava® robot mop to automatically do this for you)
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CHECKLIST

WHOLE HOUSE

MONTHLY

- Wipe down base boards, wall smudges, light switches, doors, and walls for any scuffs, handprints, paint and crayon marks, and other grime
- Dust your ceiling, and ceiling fan for cobwebs
- Dust, or use a broom to swipe through corners and over moldings
- Wash your trash bins inside and out (and the mats under them, if you have mats)
- Wipe down the tops of high bookcases and shelves
- Wash windowsills and frames (especially inside, where the gunk gets trapped)
- Organize an area of your home that's cluttered

YEARLY

- Clean out the vents of your air filters or change the filter
- Deeply clean tile grout on countertops and floors, and in your shower
- Reseal kitchen and bathroom floor tiles and countertops (and possibly your shower)
- Check your water softeners and refill salt, if needed
- Flush hot water from the water heater to remove sediment
- Change batteries in your smoke and carbon monoxide detectors
- Steam clean carpets
- Clean window screens
- Clean your blinds and curtains
- Inspect the exterior of your house for any termite damage
- Power wash your driveway / house siding
- Clean debris out of your gutters
- Get rid of unused items, such as clothing and toys, that clutter your home

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Room-by-room House Cleaning CHECKLIST

LAUNDRY ROOM

WEEKLY

- Clean the exterior of your washing machine and dryer
- Wash around the door and gasket of your washer's interior
- Scrub detergent dispenser
- Clean the washer and dryer drum
- Replace empty containers and refill bottles
- Wipe down counters and declutter
- Clean lint traps
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YEARLY

- Pull out your washer and dryer and clear out the vents from lint and debris
- Vacuum up lint from behind the dryer
- Run your washer on a cleaning cycle
- Check and clean the seams around the door for mold (particularly for front loaders)
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Room-by-room House Cleaning CHECKLIST

KITCHEN

DAILY

Load and unload the dishwasher

Do the dishes

Sanitize wooden cutting boards

Clean your sink

Clean your stovetop after cooking

Wipe down countertops

Sweep your floors

Mop your floors

WEEKLY

Clean your fridge (best to do before grocery shopping)

Disinfect countertops and faucets

Wipe down your backsplash and vent hoods

Throw away any old leftovers

Move everything off your kitchen counters for a good wipe down

Wipe out the splatters from your microwave

Toss out that filthy sponge in the sink

Mop floors

Refill your soap dispenser

Wash dish towels and aprons

Clean the outside of your appliances

Take out the trash and recycling bins

Wipe down cabinet surfaces

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Room-by-room House Cleaning CHECKLIST

KITCHEN

MONTHLY

- Clean the space between your fridge and counters
- Replace your sponge or sanitize your dish brush
- Clean/ sanitize garbage disposal
- Add a drain cleaner/ deodorizer to your sink and garbage disposal
- Dust light fixtures
- Wipe away smudges and clean the cabinets and walls, especially around the stove
- Wipe down the toe kicks and baseboards
- Clean out your trashcan
- Clean your coffee maker

- Clean your microwave
- Clean oven inside and out (depending on usage)
- Clean the inside of your dishwasher
- Clean and sanitize your countertops
- Polish all stainless-steel appliances
- Clean the interior and exterior of your fridge
- Organize your pantry, fridge, and/ or cabinets
- Sweep and mop your floors
- Spot clean your tile grout
- Clean out your Roomba® robot vacuum's self-emptying dock
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Room-by-room House Cleaning CHECKLIST

KITCHEN

YEARLY DEEP CLEAN

- Dust the top of your fridge
- Clean refrigerator coils, as well as underneath and behind your fridge (make sure to unplug first)
- Repair any crooked cabinets or drawers
- Toss out and replace any cookware you don't use or that is damaged/ rusting
- Vacuum crumbs out of drawers
- Wipe the interior of your cabinets
- Replace or wipe down cabinet liners
- Seal your hardwood/ tile floors
- Clean the tops of cabinets (if they don't reach the ceiling)

- Remove grease buildup exposed decorations or dishes
- Clean light fixtures
- Clean your dishwasher filter
- Soak and scrub the filters of your exhaust hood (if yours has them) and clean the underside of the hood as well
- Use a thin knife or other edging tool to clean gunk out of crevices around stove and sink
- Scrub the areas under your cabinet toe kicks
- Clean out your garbage disposal
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SPRING CLEANING

(for those semi-annual deep cleans)

- Pull everything out of your pantry to throw away or donate unused foods and cookware, clean the shelves, and reorganize
- Eliminate cookware you no longer need or use throughout your kitchen
- Refresh any decor, either with a good clean or with items that better fit your style
- Rethink the layout of all your cabinet items (is there a better way to organize everything?)
- Receive cleaning notifications for your Roomba® robot vacuum by turning on your iRobot HOME app's seasonal cleaning recommendations.
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Room-by-room House Cleaning CHECKLIST

BATHROOM

DAILY

- After a shower, squeegee your shower door, tiles, and shower floor to keep limescale and streaks from forming
- Quickly wipe down your counters and faucet from the water and toothpaste splatter right after brushing your teeth or washing your face or hands (and make sure to put your toothbrush away)
- After going to the bathroom first thing in the morning, give your toilet bowl a quick scrub with a toilet bowl brush (3 scrapes is all you need)
- Declutter your counters by having an organized space to keep all of your daily products (a bin on the counter is really helpful if you use a lot of items and want a quick declutter)

- Pick up any towels (don't forget the hand towels) or clothes on the floor and put them in the laundry

- Straighten your bathroom rugs or bath mats

- Close your shower curtain

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Room-by-room House Cleaning CHECKLIST

BATHROOM

WEEKLY

- Wipe down your mirror(s)
- Dust lights and your fan as well as the top ledge of the mirror
- Scrub your shower / tub
- Clean shower head (you may need a limescale remover if you have hard water)
- Clean countertops
- Scrub the toilet inside and out
- Sweep and mop floors
- Put away any clutter
- Wash your towels
- Wipe off knobs and light switches that build up finger grime and smudges
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MONTHLY

- Bleach your shower liner (if you don't have a door)
- Wash your shower curtain (if it's white you can soak it in the tub with the liner)
- Organize your cabinets and drawers if they're a mess
- Throw away any expired medications or unused body and face products
- Replace any worn-out towels
- Unclog your drains (we all lose hair in the shower)
- Apply a limescale remover or soak your showerhead
- Use a thin tool (such as the end of a detailing brush if it has a pointed silicone edge meant for scraping corners) to clean the areas around the drains, toilet, and sink
- Wipe the faces of your cabinets (including the medicine cabinet)
- Wipe down your baseboards

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Room-by-room House Cleaning CHECKLIST

BATHROOM

SUPPLIES

- A toilet bowl cleaner
- Glass cleaner for windows and mirrors
- All-purpose cleaner (for counters and outside of toilet)
- Maybe a new scent plug in
- Baby oil to get your faucets to shine and repel water stains
- Shower and tub cleaner (or a spray bottle of your favorite natural bathroom cleaner)
- Cleaning gloves
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- Washcloths (Use 3 different colored microfiber cloths for toilet, mirror and counters – each color representing a different surface so you're not cross contaminating as you clean)
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Room-by-room House Cleaning
CHECKLIST

LIVING ROOM

MONTHLY

- Vacuum under couch cushions
- Move furniture to clean behind and under
- Dust the TV and any other surfaces in the living room
- Empty your fireplace of embers
- Clean lights and fan
- Wash sofa blankets
- Fluff cushions and pillows
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YEARLY

- Use a wet vac or upholstery vacuum to clean the couch and any other chairs (and maybe even your curtains)
- Organize tv stand and any shelves or cabinets
- Deep clean carpets or rugs
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Room-by-room House Cleaning CHECKLIST

BEDROOM

WEEKLY

- Wash all of your bed linens
- General tidying
- Deodorize your carpet
- Air out the room for a bit, with windows open
- Clean under the bed
- Wash all bed linens
- Wash comforters
- Deodorize your carpet (especially you, dog moms!)
- Air out the room for a bit, with windows open
- Take your dirty clothes to the laundry room
- Put the clean clothes away
- Vacuum under the bed for dust bunnies
- General tidying

YEARLY

- Flip your mattresses (you may want to do this every 6 months)
- Go through closets and get rid of unused clothing to donate
- Use an upholstery cleaner to clean out mites, dead skin cells, and drool stains from your mattress.
- Send your pillows to the dry cleaner for a deeper clean (and any bedding that is feather or wool based)
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